



FOUNDATION *of* HOPE

*Breakthrough Research for Mental Illness*

**ANNUAL  
IMPACT REPORT**

[walkforhope.com](http://walkforhope.com)

2025

## OUR VISION

- ▶ To eliminate suffering from mental illness

## OUR MISSION

- ▶ To conquer mental illness by investing in groundbreaking scientific research and mental health initiatives

## SINCE 1984

**210** *Research Grants Funded*

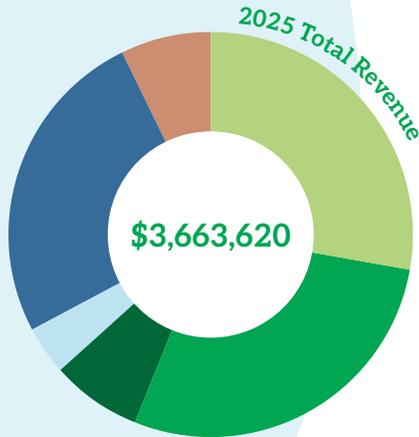
**\$10.7M** *Total Research Awarded*

**\$272M** *Total Leveraged and Further Funding*

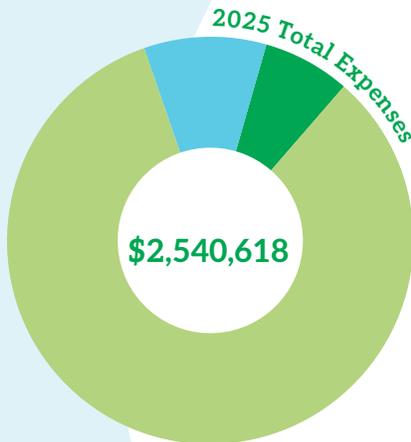
## OUR BELIEFS

- ▶ Scientific research is the key to finding effective and long-lasting treatments and cures for mental illness
- ▶ Mental illness adversely impacts individuals, families, friends, and entire communities
- ▶ Stigma is one of the greatest barriers to improving outcomes of mental illness
- ▶ Early-stage scientific research creates exponential value
- ▶ Everyone with mental illness deserves successful treatment

## Moving the Needle with Research



- \$1,024,608 Walk for Hope
- \$1,036,177 Evening of Hope
- \$269,049 Igniting Hope
- \$133,782 Annual Fund Campaign  
(100% of Annual Fund in 2025 were allocated to general research)
- \$937,122 CHAAMP Gifts
- \$262,882 Other Contributions



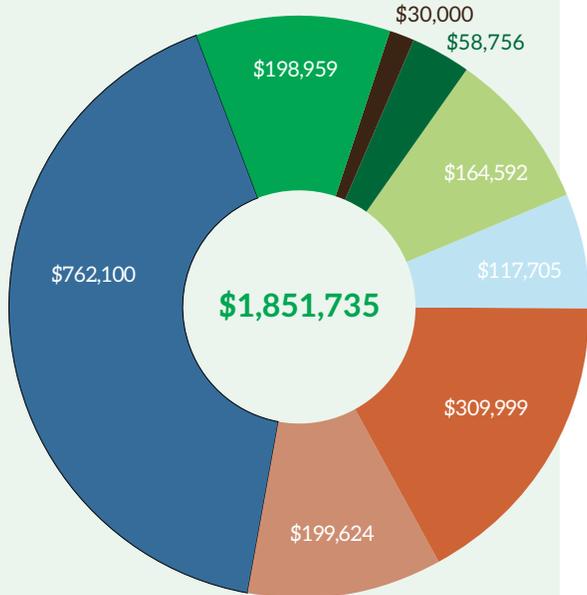
- \$2,119,935 Programs & Grants
- \$247,305 Fundraising
- \$173,378 Management & General

## BOARD OF TRUSTEES

- Sarah Wesley Fox, Chair
- Michael Zarzar, MD, Vice-Chair
- Jack Naftel, MD, Interim Treasurer
- Elizabeth C. Skvarla, Secretary
- Marcia Armstrong
- Dana Boole
- Nicole Cafazzo Spector, MD
- Mary Cantando
- Terry Carlton
- Taylor Cash, Jr.
- John Chiavetta, MD
- Elizabeth Cox, MD
- Jody Darden
- Bradley Gaynes, MD, MPH
- John Gilmore, MD
- Sylvia Hackett
- Carla Hollis
- Steve Jones
- Easter Maynard
- McKenzie Osman
- Hilda Pinnix-Ragland
- Randy Quirk
- Ken Smith
- Warren Taylor, MD, MHSc
- Steve Thanhauser

\*These figures are pre-audited but not expected to change significantly

## 2025 Total Grants and Gifts Approved



- \$199,624 Anxiety
- \$309,999 Women's Mood Disorders
- \$117,705 Schizophrenia
- \$164,592 Autism
- \$58,756 Eating Disorders
- \$30,000 Community Grant (Mental Health Initiative)
- \$198,959 Dementia
- \$762,100 CHAAMP Research Grants & Program Gifts

Research Grants Approved

14

Federal Funds Leveraged

\$18M





CHILD AND ADOLESCENT ANXIETY AND MOOD  
DISORDERS PROGRAM (CHAAMP)



**Investing**  
*in our children.*  
**Impacting**  
*our future.*

**\$1,600,990** *Raised in 2025*

Benjamin Buck, PhD, joined CHAAMP as Director of Digital Mental Health Innovations, and the program continues to expand

Celebrated successfully crossing the \$5M finish line of the campaign, marking a major milestone

\$45 million in ongoing research, alongside a newly established teen advisory board and statewide initiatives

**\$6,170,825**

*Raised Since Inception 2021-2025*



## CHAAMP Celebration

April 15, 2025

**\$5M+** Raised FOR CHAAMP

### Milestone Achieved

Celebrated crossing the finish line of our first major campaign for CHAAMP. Thank you to every supporter who made it possible.



## Evening of Hope

September 10, 2025

**\$1,036,176** Total Raised (GROSS)

### Helent Hunt *Speaker*

A powerful and elegant Gala for 420 guests, featuring Helen Hunt as guest speaker and record-breaking fundraising.



## Igniting Hope

September 11, 2025

**\$269,048** Total Raised (GROSS)

### Soul Psychedelique *Band*

Fun, festive night for more than 250 guests with dinner, dancing, live and silent auctions, specialty cocktails, and more.



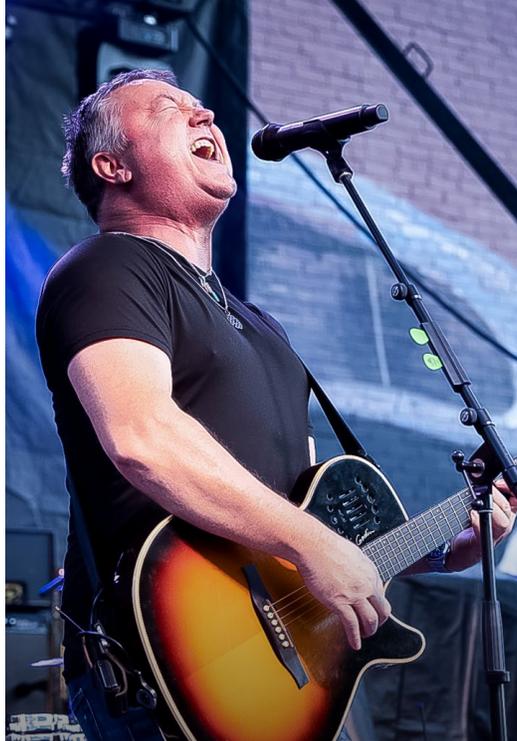
## Walk for Hope

October 12, 2025

**\$1,024,608** Total Raised (GROSS)

### Bold Goal Achieved

Despite the rain, the 37th Walk for Hope & Festival was the most successful fundraising Walk ever at the Angus Barn.



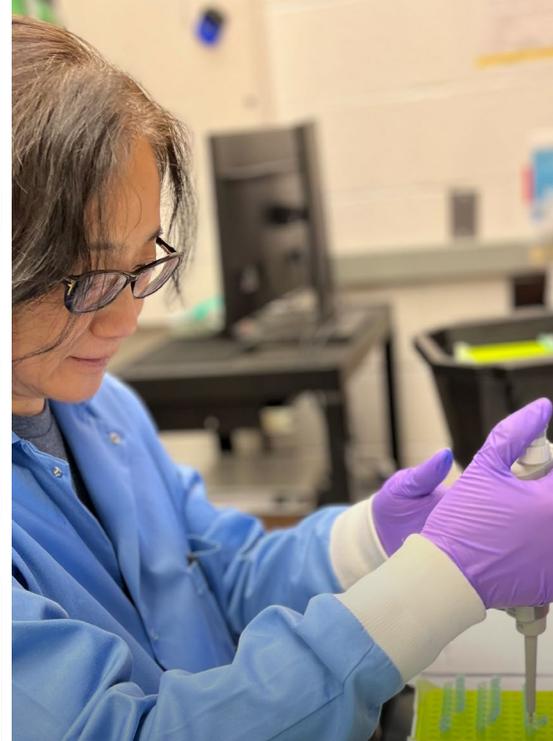
## Mighty Giveback

October 18, 2025

**\$101,745** Total Raised (GROSS)

### Concert for a Cause

Band Together and United Way of the Triangle supported mental health with a fundraiser at the Lincoln Theatre.



## Annual Fund

November 15 - December 31, 2025

**\$156,529** Total Raised (GROSS)

### 100% To Research

Money raised during the Annual Fund directly supported research projects across a variety of research categories.



▶ CHAAMP Giving Tree at the Angus Barn continues to grow with more engraved leaves



Dr. Wu



Dr. Mealer



Dr. Kaliush



Dr. Caravella



Dr. Vlasova



Dr. O'Brien



Dr. Miller



Dr. Andersen



Dr. Feldman



Dr. Hong



Dr. Presskreischer



Dr. French

## Research Faces Of Hope

- ▶ Expanded our team with one new staff member and six new Board members
- ▶ Mobilized 480 extraordinary volunteers who dedicated over 5,100 hours supporting our events
- ▶ Thanked our supporters through more than 7,000 personalized signed letters and phone calls
- ▶ Celebrated surpassing the \$5M fundraising milestone for the Campaign for CHAAMP
- ▶ Updated strategic plan to guide growth and expand our impact over the next 3-5 years
- ▶ Highest total fundraising to date across all signature events
- ▶ Celebrated funding over \$1.8 million in breakthrough research

THANK YOU TO OUR 2025 LEADING EVENT SPONSORS



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CONTRIBUTING \$15,000 OR MORE

**Thank You!**



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