



# FOUNDATION *of* HOPE

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*Breakthrough Research for Mental Illness*

**2022 Annual Report**

[walkforhope.com](https://walkforhope.com)

## Our Vision:

To eliminate suffering from mental illness.

## Our Mission:

To conquer mental illness by investing in groundbreaking scientific research and mental health initiatives.

## Our Beliefs:

- Scientific research is the key to finding effective and long-lasting treatments and cures for mental illness
- Mental illness adversely impacts individuals, families, friends, and entire communities
- Stigma is one of the greatest barriers to improving outcomes of mental illness
- Early-stage scientific research creates exponential value
- Everyone with mental illness deserves successful treatment

By all measures, 2022 was an unusual year where the challenges of the pandemic were overwhelming at times, and yet, you showed up for **hope** at the highest level.

Remarkably, it was a banner year for the Foundation of Hope. And this annual report is proof of your extraordinary support – as donors, participants, and volunteers.

Without a doubt, we are facing an unprecedented time where mental illness issues are on the rise, especially for our kids and teens, and you stepped up to help us get our new Child and Adolescent research program (CHAAMP) off the ground. Thank you for caring and for recognizing that the need to heal young minds has never been greater.

As the FOH continues to grow, we are excited about the new opportunities that lie before us, and we are honored to share this incredible journey with you, our supporters. Please enjoy the snapshot of how your gifts and support allowed us to continue funding mental illness research in 2022.

Gratefully,

*Shelly ... and the entire  
Board and Staff!*





## 2022 IMPACT

**8** research grants  
funded

**\$478k** awarded

**\$9.2M** federal funds  
leveraged

## CHAAMP SINCE 2021

**\$1.4M** raised since 2021  
inception

**\$400k** awarded to CHAAMP  
in 2022

## SINCE 1984

**172** research grants  
funded

**\$7.4M** awarded

**\$211M** federal funds  
leveraged

## 2022 CUTTING-EDGE RESEARCH

Approved Seed Research: \$478,028



**Dr. Alana Campbell • \$92,932 • Anxiety**

*Evaluating anxiety and emotion in children and parents*  
This project explores brain and behavioral markers of emotion and anxiety in parent-child dyads to discover better ways to help young children process stress, feelings, and emotions.



**Dr. Sara Faccidomo • \$39,565 • Alcoholism / Substance Abuse**

*Mitigating anxiety and other side effects in individuals with substance use disorder*

This study will investigate how a specific brain protein mitigates the side effects of repeated drug use that can cause anxiety in individuals with substance use disorder.



**Dr. Hiroyuki Kato • \$40,092 • Autism / Developmental Disabilities**

*Investigating sensory overload responses in Autism Spectrum Disorder*

This study will provide data on how to identify the brain circuits that lead to sensory overload in individuals with autism spectrum disorders through auditory sound processing.



**Dr. Samuel McLean • \$59,168 • PTSD**

*Reducing PTSD symptoms after sexual assault*

This study tests the feasibility and initial efficacy of a 5-session teletherapy intervention designed to reduce or prevent severe posttraumatic stress symptoms after sexual assault.



**Dr. Leslie Morrow • \$98,500 • Alcoholism / Substance Abuse**

*Identifying biomarkers to gauge drinking severity in Alcohol Use Disorder*

This study will use inflammatory biomarkers in plasma from excessive alcohol drinkers to determine if those immune signals predict Alcohol Use Disorder drinking severity.



**Dr. Juan Carlos Prieto • \$66,691 • Autism / Developmental Disabilities**

*3D modeling and analysis of brain shape effects on neural function*

This study will combine MRI and AI data to create framework 3D models to interpret connections and differences between brain shape, cognitive function, and neural networking.



**Dr. Danielle Swales • \$40,000 • Women's Mood Disorders**  
*Monitoring hormone changes during pregnancy in women at risk for perinatal depression*

This study aims to shed light on how hormone changes across pregnancy relate to the onset of irritability in women at risk for perinatal depression.



**Dr. Mengsen Zhang & Dr. Tobias Schwippel • \$41,080 • Depression**

*Evaluating brain synchronization in stressed college students during treatment*

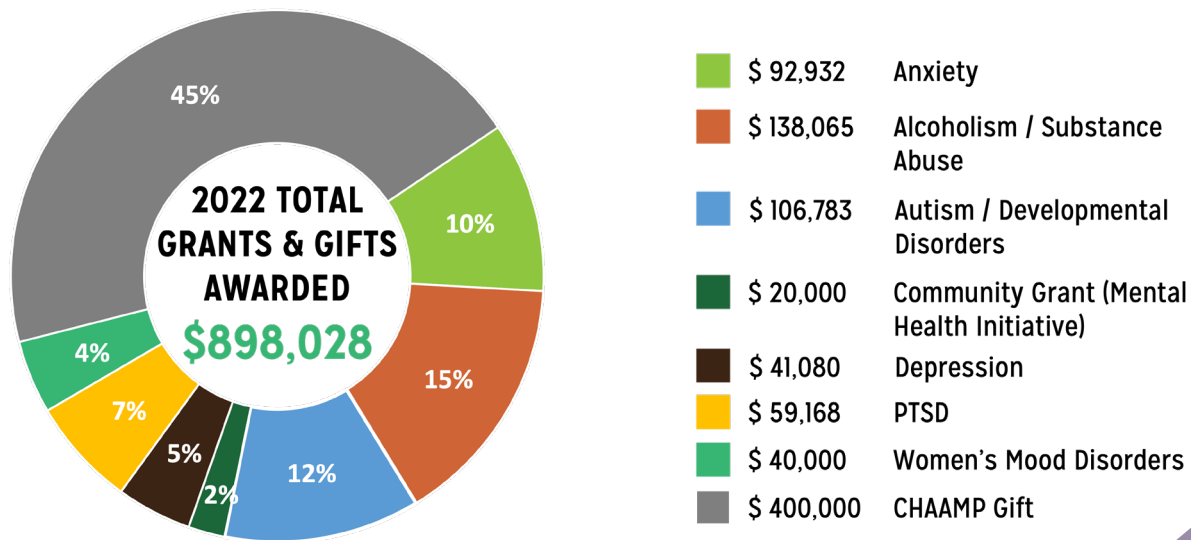
This study will track through EEG how synchronized brain activity between college students experiencing stress and their therapists may help predict successful treatment outcomes.

To learn more about the research we fund visit [walkforhope.com/research](https://walkforhope.com/research)



# 2022 Total Grants & Gifts Awarded

\$898,028 worth of HOPE!



To learn more about the research we fund visit [walkforhope.com/research](https://walkforhope.com/research)

## FOH CHAAMP RESEARCH PROGRAM

- FOH Child and Adolescent Anxiety and Mood Disorders Program (CHAAMP) officially launched with the recruitment of a nationally-known Scholar to lead the research – Danielle Roubinov, PhD – who started at UNC in October
- Ongoing deterioration of youth mental health and rising teen suicide rates means new solutions are needed
- Exceeded initial \$1 million commitment at February Evening of Hope & Igniting Hope
- Kickstarted further fundraising at the September Evening of Hope
- Successful Annual Fund campaign to “Believe & Invest” introduced Danielle and her vision growing CHAAMP to address the needs of kids and teens across the developmental lifespan – from infancy and early childhood to middle childhood, adolescence, and emerging adulthood
- As of 12.31.22, we have raised \$1.4 million for CHAAMP





# Triple Galas in 2022 due to COVID

## February Evening of Hope & Igniting Hope

- Total raised at both events: **\$976,674**
- Hosted LeAnn Rimes at Evening of Hope and Band of Oz at Igniting Hope for two back-to-back electric nights after multiple reschedules
- COVID adaptations didn't affect biggest fundraising totals ever
- Surpassed \$1M goal for CHAAMP thanks to generous raise the paddle gifts



## September Evening of Hope

- Total raised: **\$813,081**
- Held 2nd Evening of Hope gala in same year, with VIP speaker Marie Osmond
- 410 guests made the live auction and paddle raise incredibly successful
- Impactful light show introduction of CHAAMP Scholar Danielle Roubinov

## 34TH ANNUAL WALK FOR HOPE





## 34TH ANNUAL WALK FOR HOPE

- Biggest ever: 3,093 participants & 324 volunteers on-site on a gorgeous day
- Total Raised: **\$832,150**
- Turnout benefited from amazing weather and a great Walk commercial (Van & Shelley riding and falling off a mechanical bull)
- The Embers rocked out for a huge crowd, with tons of food, cold drinks, and family activities
- 90 Sponsors, including seven new ones



*Thank you for  
another great year!*

John Gilmore, MD, the Eure Distinguished Professor, used MRI to study early brain markers for schizophrenia



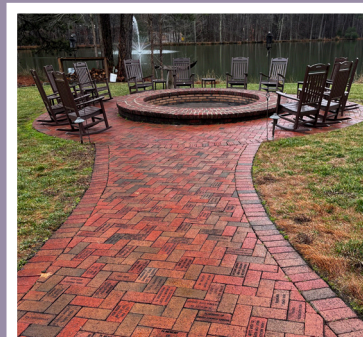
Awarded \$20,000 to Mental Health Initiative Signature Grantee UNC Pediatric Behavior Clinic for continuing support of psycho-educational consultant

Three new Board of Trustees members joined in July:  
Dana Boole, Sylvia Hackett, Steve Jones

## FOUNDATION *of* HOPE *Giving Community*

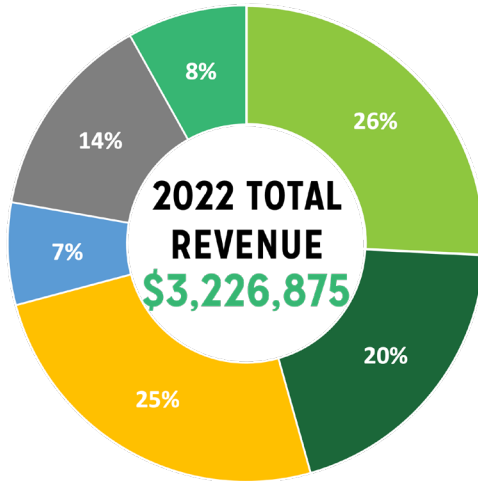
31% increase in membership of FOH Giving Community (including monthly HopeGivers)

Added new engraved bricks in the Walkway of Hope next to the Angus Barn Pavilion and lake



# 2022 By the Numbers

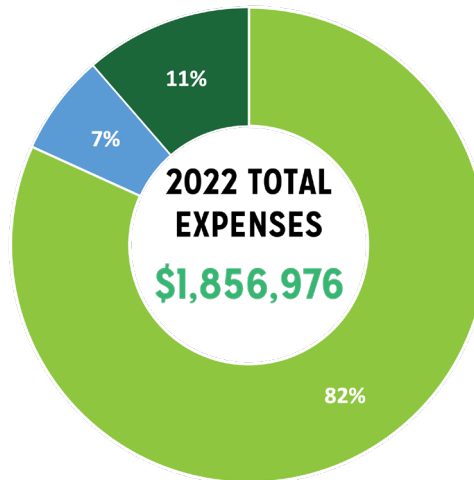
Triple gala events  
made 2022 revenues  
off the charts!



- \$ 832,150 Walk for Hope
- \$ 640,549 Feb Evening of Hope & Igniting Hope
- \$ 813,081 Sept Evening of Hope
- \$ 224,223 Annual Fund Campaign (CHAAMP)
- \$ 455,550 CHAAMP Gifts
- \$ 261,322 Other Contributions

\*These figures are pre-audited but not expected to change significantly

TOTAL NUMBER  
OF PEOPLE  
IMPACTED:  
IMMEASURABLE



- \$ 1,518,987 Program & Grants
- \$ 127,075 Management & General
- \$ 210,914 Fundraising

For more information, visit [walkforhope.com/impact](https://walkforhope.com/impact)





## The Stories of Changemakers / Courage. Resilience. Triumph.

“The loss of a child is among the most significant one can experience in life. Compelled by our grief, we started Clark’s Promise, an outreach ministry to provide on-the-street professional services to those experiencing homelessness in Raleigh, and have supported and been supported by the Foundation of Hope for many years.

Shelley and Van opened their hearts to us after Clark’s death. And we opened ours in return, because we learned that resolving our grief was possible primarily through meaningful relationships with others.

Linda and I are grateful to be a part of the Foundation of Hope, a family that continues to inspire us to hope and to help. ”

— Rob



Read Rob’s full story at [walkforhope.com/changemakers](https://walkforhope.com/changemakers)





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