

PEDIATRIC BEHAVIOR CLINIC
Community Resource List

Wake County Mental Health Emergency: Contact [Wake Crisis and Assessment Services](#) at 919-250-1260 (24-hour hotline) located at Wakebrook Campus, 107 Sunnybrook Rd., Raleigh, NC. The family can take their child directly there if there is a question of imminent risk of harm to self or others. Wake County also has available a mobile crisis unit which can come to the home with a response time of 2 hours. Call Therapeutic Alternatives at 877-626-1772 to access this service. Another option is for the family to contact [Holly Hill Hospital Respond](#) at 919-250-7000 for assistance. All these services are available 24/7 365 days a year. You may also inform the family to call 911 for immediate assistance or take their child to the nearest hospital emergency room.

Wake County Child Intake: Call [Alliance Health](#) at 800-510-9132 24 hours/day, 7/days per week, 365 days/year. See Website for additional details.

Behavioral Health Urgent Care:

- [Carolina Outreach Behavioral Health Urgent Care](#): 2670 Durham-Chapel Hill Boulevard, is open for adults and children. Monday-Thursday from 8:00am-7:00pm, on Fridays from 8:00am-3:00pm and on Saturday from 9:00am-noon. (919) 251-9009
- [Wake Behavioral Health Urgent Care](#): No appointment necessary / Same-day Walk-in services for people ages 4 and older with mental health and substance use disorders who are experiencing a crisis. 319 Chapanoke Road, Ste. 120. Monday –Thursday, 8 a.m. – 8 p.m. (last appointment at 7 p.m.), Friday, 8 a.m. – 3 p.m. (last appointment at 2 p.m.), Saturday, 8 a.m. – 1 p.m. (last appointment at noon). (919) 703-2845

General Resources:

- [NAMI](#)
 - North Carolina: (919) 788-0801
 - Wake County: (919) 848-4490
- [Wake Network of Care](#) - A comprehensive online resource data base for community resources and supports.
- [Psychology Today](#) - To find therapists, psychiatrists, treatment centers and support groups.

Other Services for Young Children

[Project Enlightenment](#): 919-856-7774. 501 S Boylan Ave. Raleigh, NC. The Project serves families with children ages 0-5 years old. They provide parent education, parent counseling, and preschool consultation. On the premises there is a preschool classroom which serves normally developing children together with special needs children. They also provide IDEA screening for the Wake County Schools for children ages 3-5 who are suspected of having a developmental delay.

[CDSA](#) (Child Development Services Agency): 919-662-4600. 319 Chapanoke Road Raleigh, NC. This agency provides a comprehensive developmental evaluation for children between the ages of 0-3.

Office of Early Learning: 919-431-7700. 110 Corning Rd Ste 2100 Cary NC 27518. This agency provides an in-depth developmental evaluation for children ages 3-5 that are suspected of having developmental delays which may have a negative impact on their learning in the classroom. Typically, children referred here have already had an IDEA screening at Project Enlightenment (above) and are in need of a more thorough and complete evaluation.

Local Mental Health Resources for Children and Families in and around Wake Co.

Spanish and English-Speaking Mental Health Services

Alliance Health: 24-hour help line and referral service serving Durham, Wake, Cumberland and Johnston Counties. 800-510-9132

Triangle Family Services: Individual, marital, and family therapy. Also provides psychiatric consultation. 3937 Western Blvd, Raleigh, NC. Monday- Thursday 8:00 am-6:00 pm, Friday 8:00am-5:00pm, Saturday/Sunday Appt Only. 919-821-0790

Carolina Outreach LLC: Intensive In-Home, Outpatient Services, School Based Services. 3012 Falstaff Rd, Raleigh, NC. Monday-Friday, 8:00 am-5:00pm. 919-615-1027. 2670 Durham-Chapel Hill Blvd, Durham, NC. Monday-Friday, 8:00 am-5:00 pm. 919-251-9001

Spanish Speaking Only Mental Health Services

El Futuro: Locations in Carrboro, Durham and Siler City provides outpatient therapy and psychiatry services. Medicaid and Health Choice accepted as well as other insurances. 919-688-7101

English Speaking Only Mental Health Services

Hope Services LLC: Outpatient, intensive in-home, day treatment. 3000 Highwoods Blvd Ste 310 Raleigh, NC. 919-714-7500

Easter Seals of North Carolina: Individual, family and intensive in-home services. Medicaid and Health Choice accepted. 5171 Glenwood Ave #211, Raleigh, NC. Monday-Friday 8:30 am-5:00 pm. 1-800-662-7119

New Leaf Behavioral Health: Provides individual, family and psychiatry services. Medicaid, Health Choice and other insurances accepted. 3725 National Dr #220, Raleigh, NC. Monday-Thursday 8:00 am-8:00 pm, Friday 8:00 am-6:00 pm. 919-781-8370